



cake
& ale



Proudly designed and made in Australia
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The Jewel

Finished Size: 6" Wide x 6" Long x 2" High.

The Jewel

This PDF includes:

- Basic “how to” EPP Instructions.
- 26 print at home templates.
- Full assembly instructions.

From your stash you will need:

- 1 x Fat ¼ worth of fabric - scrap / off cuts are perfect.
- Glue baste E.g. Sewline (glue stick also works in a pinch).
- General sewing supplies e.g. needle, sewing thread and thimble.
- Office paper and a laminator OR Card stock around 200 - 250gsm.
- Craft safety knife and ruler OR sharp paper scissors.

This pattern can be broken down into a few simple stages so please don't be daunted. I promise it is not as scary as you think, and by the end of it you will have a completely unique project to show off your skills!

1. Preparation. Print, then check the scale! Laminate, then cut your paper templates OR cut your card stock templates.
2. Fabrics. Select and iron your fabrics (if needed), then trace and cut out your fabric pieces.
3. Basting. Cover your templates with your fabric pieces.
4. Assembly. Whip stitch (ladder stitch or flat back stitch) your templates together, referring to the assembly diagrams.

To make your Jewel bowl you will need a total of 26 fabric templates, 13 for the outer and 13 for the inner / lining.

Print out the fabric cutting templates on page 6, and the inner and outer templates on pages 7 - 9. You can use a heavy card stock OR print them on office paper and laminate them before cutting them out. I have been using this technique for a few years now and I love it. Alternatively you can trace your templates onto template plastic, whatever method you choose will work great, it just comes down to personal preference. Be sure to check that your files have printed at actual size as well, to check this please measure the scale check square on each page.

When cutting your templates out, I recommend using a sharp craft knife and ruler, this gives you beautiful sharp lines to work with. A lot of makers use a rotary cutter with an old blade, so you do you. Scissors are also great – just make sure they are nice and sharp to avoid bending your templates.

Prepare your fabrics as per your preference, I like a hot dry iron and spray stiffener like “Flutter” (do not get mint), it helps to stabilise the fabric while tracing onto it and achieve neater points.

To make life easier, I have included fabric cutting templates (orange outline page 6). Use these to trace the shapes directly onto the wrong side of the fabric using a fabric marker, tailors chalk, pencil... or whatever pen you have kicking around. If you would like to fussy cut your main panel pieces, you can cut the window out of your templates so that you can view your fabric print sections. It is marked as the shaded orange section on the cutting template for you.

After you have everything cut out, glue baste them onto your card stock or laminated pieces. Follow the step-by-step diagrams if you are not familiar with this process, especially if you want the bonus step of keeping those pesky “ears” out of the way.

IMPORTANT

Your template pieces stay in, do not remove them!
Without the templates it will implode like a black hole.

ALSO IMPORTANT

Unlike traditional EPP projects, some of the seams are sewn on the wrong / outside seam. Please take care to read the instructions and assembly diagrams thoroughly - not all seams invert well.

I would recommend making sure your stitches are firm (not tight) and about 1 - 2mm apart. This is a little closer than if you were stitching a flat English Paper Pieced (EPP) project, but it will help your stitches from pulling out of shape when you are sewing your segments.

The most common stitches for EPP are a whip stitch or a flat back stitch, I have popped in some diagrams on page 4 for those who are new to hand sewing. Alternatively, YouTube has so many amazing tutorials. If your templates slide as you are sewing, you can use a quilting clip or magnet to keep your edges parallel.

Now to assemble your Jewel, written instructions are below. But if you are a visual learner like me, follow the instructional diagrams found on the next few pages. This really is the easiest way to understand the construction process.

Both outer and inner bowls are assembled in a very similar way, but please start by making the inner bowl first.

Inner / Lining

- With right sides together, whip stitch a triangle to a crown piece. This simple two piece unit will create your side panels. Repeat this step to create six side panel sets, making sure you attached the crown pieces to the same side of the triangles each time.
- Once you have created all of the side panel sets, you will then attach these to the hexie base template. You can travel your threads if you like, just make sure you knot your threads at the beginning and ends of each template piece.
- As this is your bowl's interior, all seams will be sewn right sides together (RST). So you will not see any stitches, but it also means you will be sewing with templates perpendicular to each other - which can be “interesting” if this is your first 3D make. Following the assembly diagram on page 5, sew your side seams closed.

Outer bowl

- Constructing the flat shape of your outer bowl follows the same process as the first two steps of making the inner bowl. Create your side panel sets, then attach to the base. The only thing that differs is how you sew up your side seams and insert the inner into your outer. You have two options:
- **Option One.** This is how the pattern was originally designed. Working wrong sides together (WST or outside of bowl) you sew the outer bowl closed. Then and gently but firmly, persuade the inner bowl to go into the outer bowl through the top opening. This does work, it can be stressful but I have made four bowls with this technique. So it is a tried and true method.
- **Option Two.** This works in a similar construction method as the Nightjar project for anyone who has made one of those. You work WST, sewing the side seams closed in two sets of three side panels. Once you have a outer that has two finished halves, place your Inner bowl into the outer, making sure the corners sit nicely. Then sew the remaining two side seams closed. These stitch are visible on the finished make, so take your time and choose a thread colour that camouflages well. You can Whip, Ladder or Slip stitch these outer seams.
- Once you have the inner and outer bowls assembled and nesting well, all you need to do is sew them together. Make sure the corner points line up, stray ears are tucked into the bowl, then use quilting clips to secure it all in place. This is when you really notice the benefits of that extra step in basting, if you didn't glue your ears down - just poke them in. There should be no stray points poking up from either bowl, which not only makes the overall finish so much nicer, but also will stop your fabric fraying. Whip or slip stitch your outer bowl and inner bowl together.

For this step take your time to make small even spaced stitches and use a matching thread to help them blend in. Or if you live for the extra in life, you could highlight the bowl's rim with some couching, beading or a decorative thread.

And you're done! In case you were wondering, the sample bowl is sewed using Size 8 piecing needles and double strand 50wt thread. You can use any firm needle and any co-ordinating sewing cotton will work well.



**Want to pick out your next make,
or just want to check out the blog?**

SCAN THE QR CODE, OR VISIT
WWW.CAKEANDALE.COM.AU



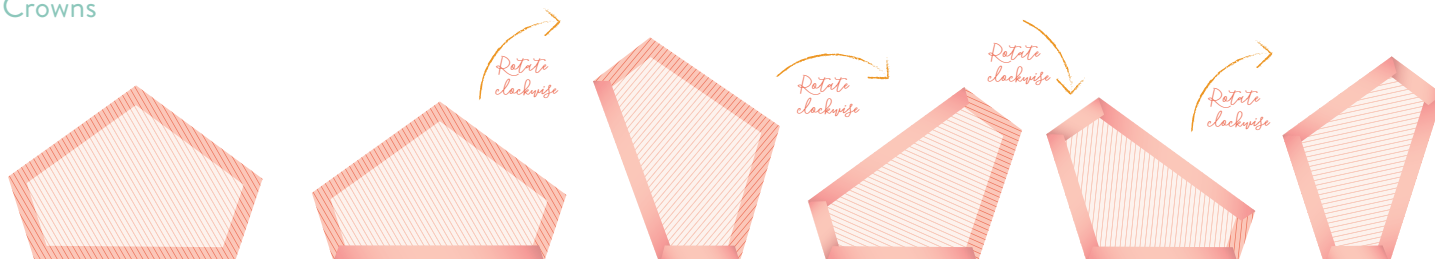
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Wishing you a bounty of cakes
and ale, and please don't forget to
follow us at on Instagram @cake.
and.ale and tag us in your brag
shots with #CakeAndAleMakes

How To Baste Your Templates

Smear the glue directly onto the template and not the fabric, then fold the fabric up onto the template. Start in the middle then work your way to the edges, taking time to fold and press your fabric firmly onto the template. Don't drag your fingers along the edges as it may stretch and warp your fabric.

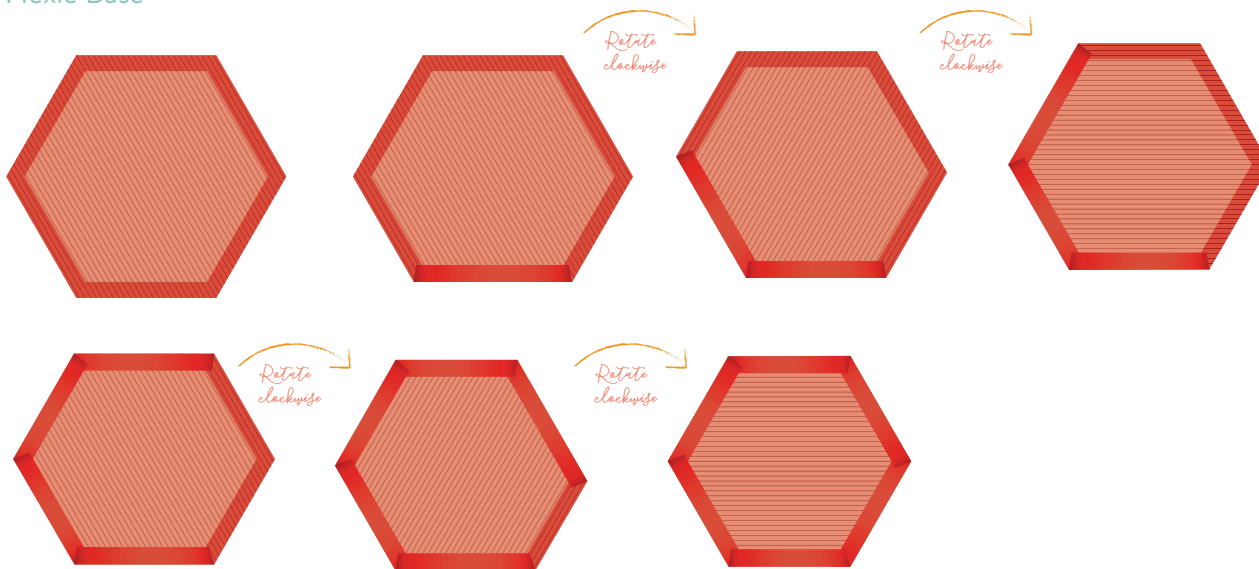
Crowns



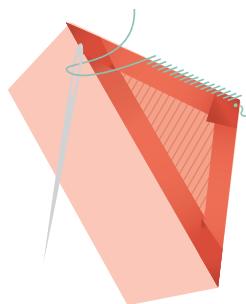
Triangles



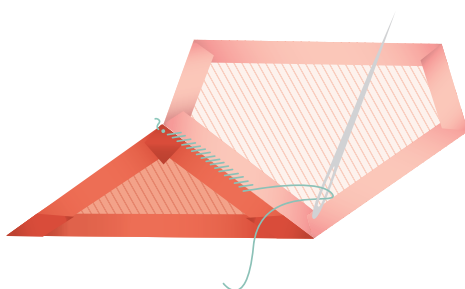
Hexie Base



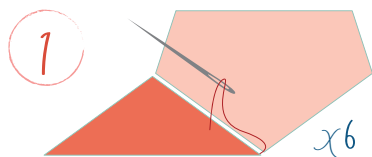
Whip Stitch



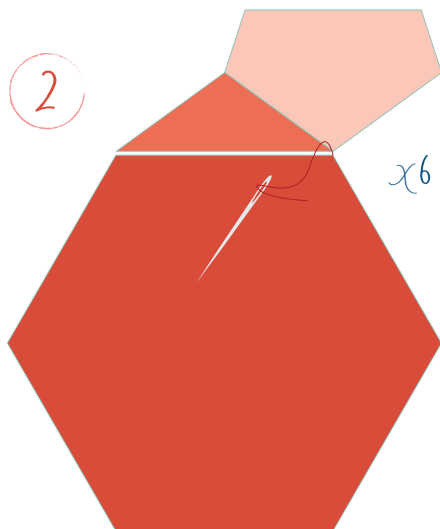
Flat Back Stitch



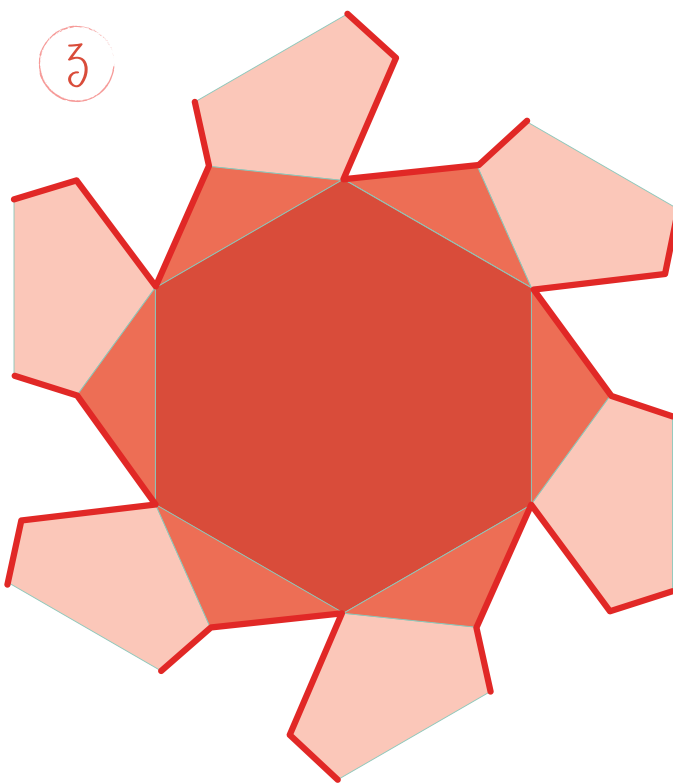
Assembly Diagram



Attach all crown pieces to the triangles as shown.



Then attach each side panel to the hexagon base piece.



Final Assembly

Once you have attached the side panel sets to the hexagonal base, follow the guide above to complete the bowl's construction.

Inner - these seams will be sewn RST.

Outer - these seams will be sewn WST on the fabric side of the project.

Alternative Assembly Method

Final Assembly - First Seam

Once you have attached the side panel sets to the hexagonal base, begin to sew the side panel sets together into units of two.

Inner - these seams will be sewn RST.

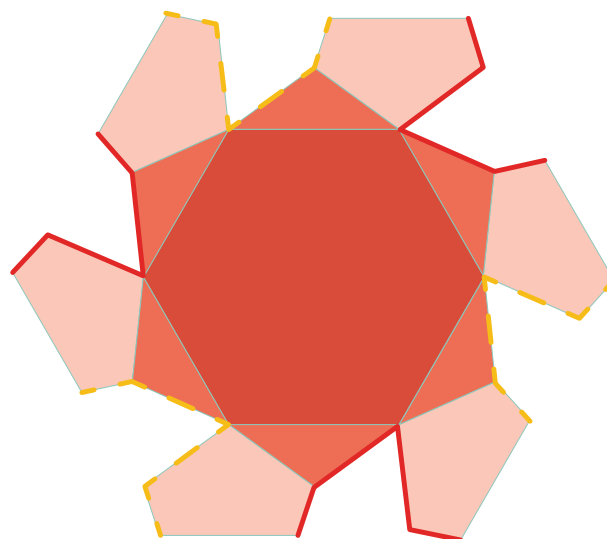
Outer - these seams will be sewn WST on the fabric side of the project.

Final Assembly - Second Seam

Once you have your three side panel sets complete, begin to sew the remaining seams closed.

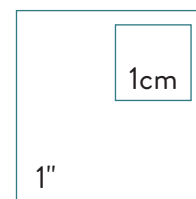
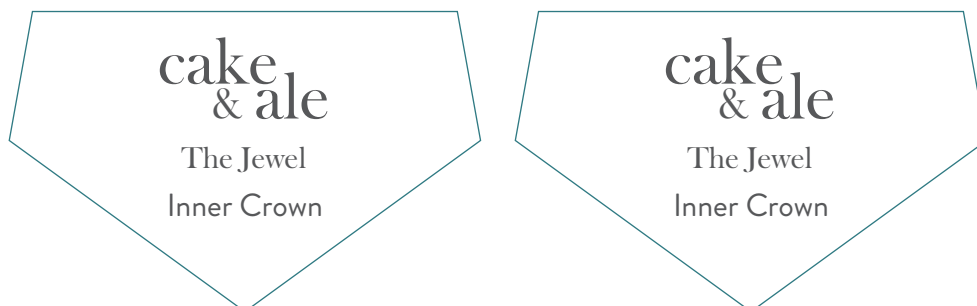
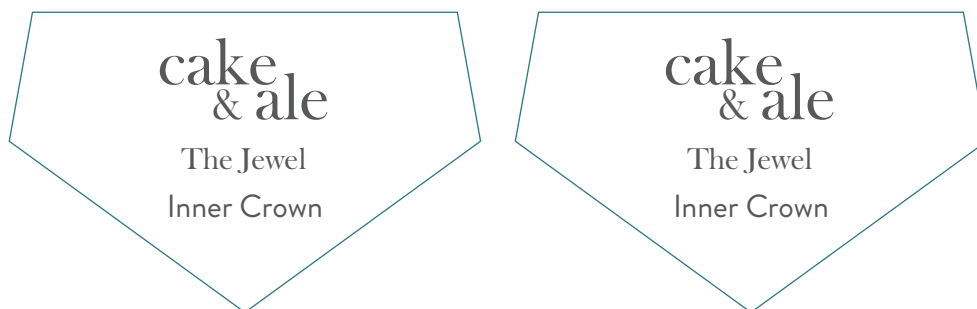
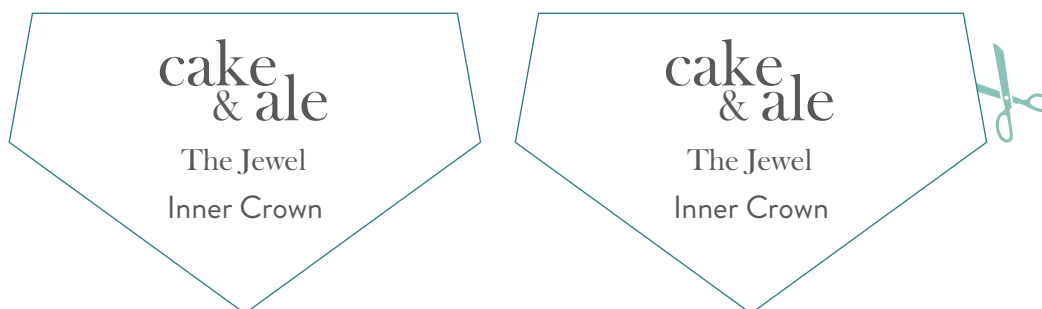
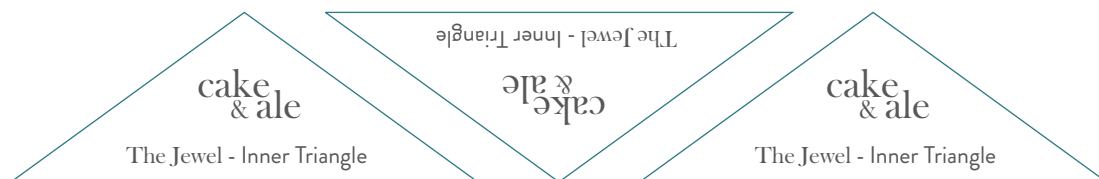
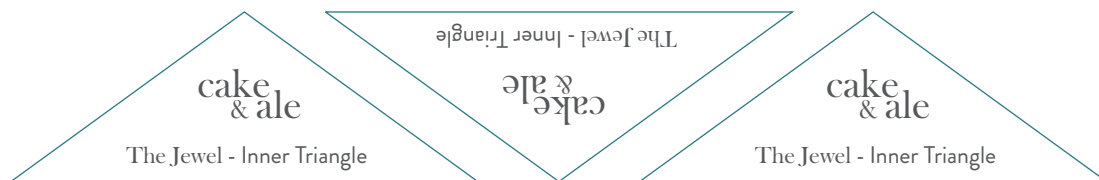
Inner - these seams will be sewn RST.

Outer - these seams will be sewn WST on the fabric side of the project.





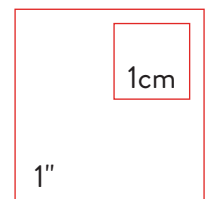
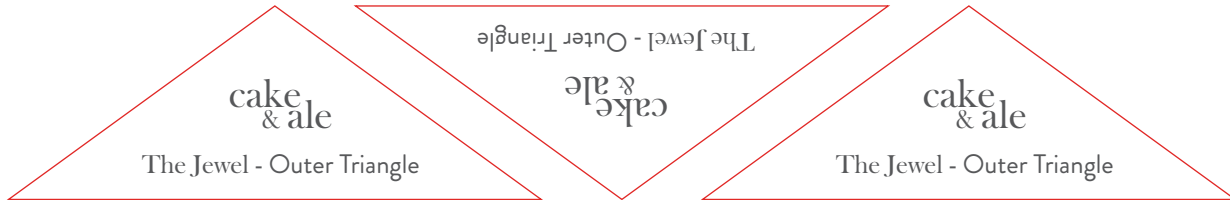
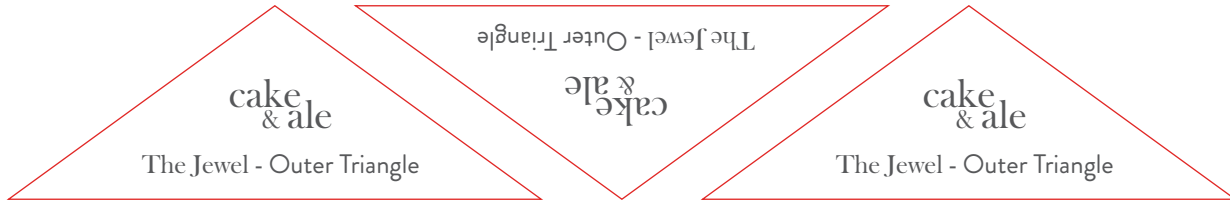
Inner Bowl Templates



scale check

PRINT ON CARD
OR LAMINATE

Outer Bowl Templates



scale check

PRINT ON CARD
OR LAMINATE

Inner + Outer Base Templates

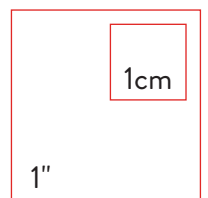
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The Jewel
Outer Base



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The Jewel
Inner Base



scale check

PRINT ON CARD
OR LAMINATE



Why hello there, Possum!

I'm Cass, the creative behind the weird and wonderful world of Cake & Ale, where we take the time-honoured craft of English paper piecing and turn it on its head with modern packaging design principles. The result? Quirky, unexpected, and delightfully 3D sewing projects designed to give you a little dopamine hit. I also dabble as a fabric designer because, apparently, I can't leave well enough alone.

So put down the bathing toaster, step away from the doom scrolling, and come discover the wonderfully weird world beyond your social feed. I'd love to stitch something unexpected with you.

Want to hang out?



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